### **Working Together**



### A Simple Guide for Transition Coaches and Case Workers

The following table has been developed by Home Stretch WA front line staff and the Leaving Care Team Workers from Department district offices. It lays out some of the key activities which need to be completed before a young person ages out-of-care. Some of these tasks need to be done by the Case Worker. Use it as a starting point for working together with the young person and make the most of the opportunity to get important things done prior to a young person leaving care.

### **Child Protection Dimensions of Care**

#### Safety

## TRANSITION COACH LEADS

 Develop a Home Stretch WA Safety Plan Agreement with Home Stretch WA (Suicide, DV, Mental Health)

#### **WORK TOGETHER**

- Understand a young person's support networks in emergencies
- Support a young person to manage their own safety

## DoC CASE MANAGER LEADS

- Final Leaving Care Plan
- Support young people's safety and helping to set limits around contact with people who might cause harm
- Referrals to support services to improve professional resources
- Manage any concerns or risks to children of young parents

### **Care/Living Arrangements**

## TRANSITION COACH LEADS

- Establish a Staying On Agreement
- Housing Allowance Applications

### **WORK TOGETHER**

- Maintain safe and stable housing
- Housing Pathway Plan
- Identify and support applications for housing
- Transition of supports to carers to Staying On Facilitator

## DoC CASE MANAGER LEADS

- Housing waitlist referral via Leaving Care Register
- Priority Housing List Application, if eligible
- Payments/Subsidies to support housing under 18
- Info on financial supports available to 25 around housing and setting up a house

#### Health

### TRANSITION COACH LEADS

- Understand future health support needs
- Understand future treatment needs for young people accessing treatment for ADHD or other neuro/developmental conditions
- Ensure young person has access to all of their treatment records, future plans and information about providers

### **WORK TOGETHER**

- Plan and provision of practical support to access treatment services or specialist supports
- Planning for ambulance cover after 18
- Support to attend health services and make mature minor decisions for a treatment plan
- Empower a young person's support circle to assist with health needs
- Supporting a young person and carers to navigate NDIS application process

### DoC CASE MANAGER LEADS

- Attend health appointments as a legal guardian
- Dental treatment plan including orthodontics
- Referrals or access to oral health centre for treatment
- Ensure vision tests and glasses are current
- Review current health needs and develop a plan to address unmet needs:
  - Chronic disease/health conditions, assessment for NDIS, nutrition, physio
- Sexual/reproductive health, contraception
- Support a young person to transition from paediatrician to psychiatry for relevant treatment planning (ADHD, Autism etc.)
- Collate up-to-date health records and specialist reports (if consent is given) into child history file
- NDIS Application
   Coordination
  - Application form, booking of specialist assessments, coordination of evidence for application

### **Education**

#### TRANSITION COACH LEADS

- Aspirational plan for employment, education and training
- Maintain and complete education/training
- Education and training pathway plan

### **WORK TOGETHER**

 Achiever Award application, if eligible

## DOC CASE MANAGER LEADS

- Collate school reports and other education records into child history file
- Consultation with Education Officers to ensure supports and plans are appropriate and met
- Letter to school if young person is continuing in year 12 after age 18

### Social & Family Relationships

# TRANSITION COACH LEADS

- Complete Footprints Eco-Map and identify any plans to reconnect with biological family
- Collect and collate historical information as needed from Department records

#### **WORK TOGETHER**

- Support young person to maintain positive relationships with friends, carers and family
- Identify people, places, communities of importance to young person
- Encourage young people to build support circles

# DOC CASE MANAGER LEADS

- Collate current and historic genograms into child history file
- Collate information held in Care Plans around historic Supports Circles for Footprints Tool
- Referral and funding for 'Who's My Mob' book
- Friendships/Partners
- Funding and Referral to Departmental Mentors, if eligible

### **Recreation & Leisure**

# TRANSITION COACH LEADS

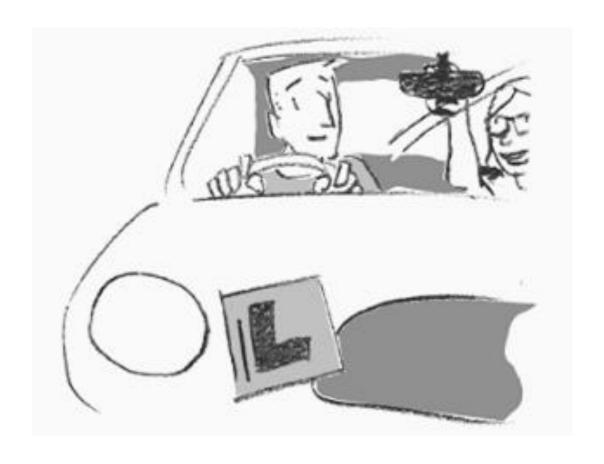
- Opportunities to join or broker activities to build relationship
- Support young people to maintain and grow connection to activities and community

#### **WORK TOGETHER**

 Support driving lessons and licence

# DOC CASE MANAGER LEADS

 Collate records and information regarding a young person's participation in recreation and sport activities



### **Emotional & Behavioural**

## TRANSITION COACH LEADS

- Provide opportunities for young people to define their own support needs
- Seek permission for extent to which a young person would like the Transition Coach to be aware of their history

#### **WORK TOGETHER**

- Support a young person to access and engage with mental health and wellbeing supports and resources
- Support and encourage a young person to manage their mental health and any mental distress
- Maintain open and clear communication, and professional boundaries around risk and crisis response
- Respect young people's right to limit information provided to Home Stretch WA and seek a 'fresh start'

# DOC CASE MANAGER LEADS

- Review current mental health needs and develop plan to address unmet needs:
- Medication
- Undiagnosed or emerging mental illness
- Gender identity/dysphoria
- New assessments for diagnosis
  - Coordinate of transition from paediatrician to psychiatrist for ongoing medication management, if required
- NDIS Application
   Coordination
  - Application Form
  - Book specialist
     assessments, coordinate
     evidence for
     application
- Offender Register await further legal response in regard to confidentiality of shared information
- Sexual Health



### **Legal & Financial**

## TRANSITION COACH LEADS

- Support a young person to complete a budget as part of Housing Pathway Planning or Staying On Agreement
- Create a secure digital wallet with a young person to store copies of their identification documents
- Support a young person to understand Invest In Me Funding
- Support a young person to get a WWCC, if they are going to continue living with other children

#### **WORK TOGETHER**

- Encourage young people to access mainstream financial resources
- Encourage a young person towards financial self-reliance
- Ensure young people who may require a guardianship order after 18 are supported with due diligence to achieve this
- In-reach support to
  Banksia Hill or other
  facilities to engage
  with young person
  around planning for
  post-release

# DOC CASE MANAGER LEADS

- Support a young person to apply for the Centrelink Independent Rate of Youth Allowance before age 18
- Provide a young person with a letter for Centrelink identifying them as a Child in Care and accessing extending support through Home Stretch WA
- Support young person to register to vote
- Review and referral of young person eligible for Criminal Injury
   Compensation Claims via legal query
- Review young person's functional capacity, discuss with support circles
- Support young person to complete a passport application and/or Photo ID card
- Support a young person to receive certified copies and access originals of all identity documents as part of child history file
- Provide written notification of Leaving

- Care Entitlements under Legislation
- Provide information about TILA Grant and how to access
- Support immigration applications for permanency or citizenship



### **Cultural & Identity**

## TRANSITION COACH LEADS

- Introduce Aboriginal Cultural Framework
- Opportunity to access additional supports around culture through Home Stretch WA

### **WORK TOGETHER**

- Support a young person to understand and strengthen their connection to community, family, culture and country when they are ready to do so (cultural reunification)

## DoC CASE MANAGER LEADS

- Collate historic and current genogram for child history file
- Collate information from Cultural Plans
- Liaison and handover of information from Aboriginal Practice Lead to Home Stretch WA provider, as relevant
- Explore current and future plans to travel back to country or meet cultural obligations as a young adult in community (funerals, lore, family)
- Ensure Aboriginal young people have proof of Aboriginality
- Ensure young people are aware of registration for Native Title entitlements with relevant prescribed body corporate

