

Home Stretch WA gives you the choice to access extra supports and resources to the age of 21



It's Your Choice

Home Stretch WA offers you the **right** to access supports anytime between the ages of **17 ½ to 21 by choice!**

If you give it a try and decide it isn't for you, then you can always opt-out later. You can go into any District Office before you turn 21 and ask to be connected to a Home Stretch WA service provider.



Transition Coach

- A coach is part of a team that will be there for you until you turn 21
- They work on what you want, not what they think you need
- They don't work for the Department

Financial Support

- Home Stretch WA can help you afford the things you need
- This might be support in emergencies and working towards your goals through 'Invest in Me' Funding



Help with Housing

- Home Stretch WA can help you afford safe and stable accommodation
- Whether it is Staying On with a family/foster carer or finding somewhere else to live
- Housing Allowance is there to support you and your family

Support Circles

- Your coach will help you connect with the people and places that are important to you
- By 21, you will have the confidence, knowledge and supports you need to build a better future
- This includes helping you to strengthen connections to culture, family, community and country

Your Transition Coach can help with a range of different things, but importantly, you decide what help you need and when you need it.

Money



- Write a budget
- Pay off debts
- Access health insurance
- Learn how to save and manage money/expenses
- Pay for bills e.g. mobile phone, car insurance
- Assist with reporting to Centrelink
- Help to pay for education and training

Life Skills



- Transport to appointments
- Develop independent living skills e.g. cooking, cleaning, laundry, food shopping
- Register to vote
- How to arrange transport for getting around
- Access driving lessons
- Goal setting
- Parenting support
- Crisis/emergency support and advice

Connections



- Support to meet with services
- Support to connect with the local community (including sports)
- Support to connect with family
- Assistance dealing with conflict
- Assistance accessing info from the Department
- Learn to manage boundaries in a house
- Learn how to build healthy relationships
- Eco mapping

Rights & Responsibilities



- Know your rights and responsibilities
- Support with paying for fines
- Get your passport and other ID documents
- Support to access your Departmental files through Freedom of Information
- Provide advocacy and support with your leaving care plan
- Assistance managing your curfew, and reporting to corrections

Education, Training & Employment



- Access traineeships
- Career planning
- Access work experience and volunteering
- Write a resume and prepare for interviews
- Job search and connect to job network providers
- Access short courses - first aid, RSA, barista etc.
- Link you with tutors
- Assistance reporting to Centrelink
- Help to pay for education and training

A Place to Live



- Know your rights in the real estate market
- Negotiate with real estate agents
- Support access to safe and stable housing
- Rent inspection support
- How to take care of your living space and manage housemates

Health



- Help finding a GP
- Harm minimisation
- Learn how to manage your medication
- Connect with a psychologist or counsellor
- Learn how to take care of your physical, sexual, mental, emotional and psychological health
- Support accessing services such as dentist, physiotherapist and gym
- Help to manage your drug and alcohol use

About You, Your Mob, Your Family



- Support to reconnect with family
- Support with your sexuality/gender
- Focus on your hopes, dreams and aspirations
- Explore your culture and religion
- Parenting support
- Crisis/emergency support and advice