# Smooth Transition

# Home Stretch WA

Date: 18-1-23

Name of Facilitators:

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OP-TR-005-Home Stretch WA – Smooth Transition Ref & Staying On Ref - Training Slides V1.0 Review Date: 01/08/27

# Acknowledgement of Country

## Ngaala kaaditj Noongar moort Keyen kaadak nidja boodja We respectfully acknowledge t

We respectfully acknowledge the Whadjuk people of the Noongar Nation as the Traditional Custodians of this land. We pay our respects to their strength, cultural resilience and the Elders past and present.

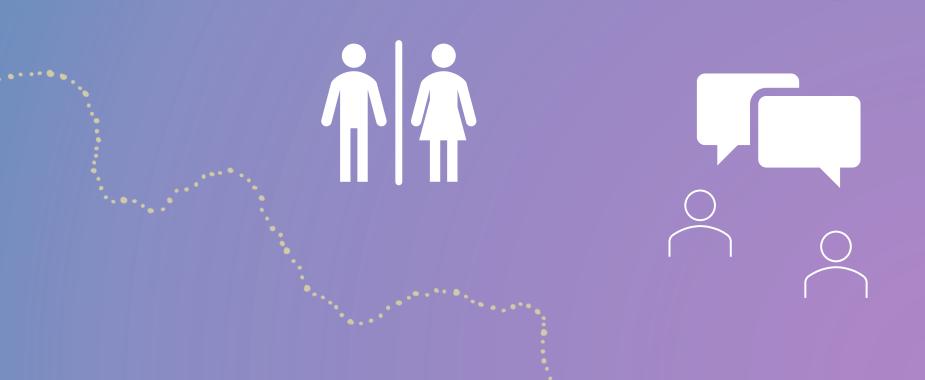
Home

Stretch

## **Activity:**

## Walking in Two Worlds

# Housekeeping & Home Stretch Rules of Engagement



## What is Home Stretch WA?

Home Stretch offers young people the choice to access higher levels of support until they reach the age of 21.

Home

Stretch

It extends the supports from the care system, without meaning young people have to stay 'in care', promoting interdependence.

## Access to Resources



## How to Contact Us

homestretch@anglicarewa.org.au

Andy Vanessa Renae Jess 0413 207 096 0447 784 128 0479 067 474 0486 041 786 Home

Stretch

## Home Stretch WA Model



Young people are at center of support. Everyone is treated as an individual

Support or connection is offered in all areas of life

Support is delivered in specific ways [Practice Approaches] that work for young people

Home Stretch WA focuses on 3 key elements of support

Home Stretch WA greater purpose is to connect young people with their community and culture.

The Home Stretch WA Practice Principles were developed by young people and every Home Stretch WA provider will work from these principles.



## A reliable source of support is your right! It's your choice to join and you can choose to come and go.

You are the expert in your life, you deserve the freedom and respect to make your own choices. Our support is unconditional.

"Chipping In" is about young people taking charge. This means that young people are asked to invest in themselves - building their skills, knowledge and capacity.

You can make an informed choice about the support you receive from Home Stretch WA. There are no shocks for you or the important people in your life.

## Your coach will be consistent & persistent but not intrusive.

"Like a text message, not a knock on the door".



## Important moments & transition points in your life are acknowledged & celebrated.



Young People are at the Centre

200

Culturally Safe. Your supports recognize Aboriginal, and CALD young people must navigate between two worlds.

**Home Stretch Practice Principles** 

2

## Know your mob to know your culture. When you're ready we will help you find ways to build your connection to family and culture.



Your Relationships are important. The important people in your life can be part of your Home Stretch WA experience and we can support you to build new connections



# Home Stretch will help you heal and connect. When you are ready.

## Home Stretch WA - Transition Support

Transition Support is a key element of the Home Stretch program. Flexible, one-to-one support focused on encouraging towards interdependence

This support is offered through two practice approaches

Smooth Transition

Transition Coaches

## **A** Smooth Transition

Working together with a young person and their support circle from age of 17.5 years to ensure a smooth transition into the Home Stretch WA program and a seamless continuation of support until the age of 21 years.

It's also about young people being aware of their rights and being able to independently access support they are entitled to after 21.





#### How to Refer a Young Person to Home Stretch WA for Service Providers



|                                     | Awareness<br>From 15 Years  | <b>Referral</b><br>From 17 Years  | Choice<br>Up to 6 weeks of<br>assertive follow-up<br>from allocation  | <b>Onboarding</b><br>From 17 ½ Years  | Supported by<br>Home Stretch<br>18 Years   |
|-------------------------------------|---|---|---|---|--|
| Home Stretch WA<br>Service Provider | Home Stretch WA<br>Transition<br>Coaches co-<br>locate in a<br>designated district<br>office once per<br>forhight<br>They provide up<br>to date program<br>information and<br>share resources<br>with district staff  | Onsite Transition<br>Coaches can<br>provide informatior<br>for young people<br>ambivalent about<br>a referral<br>Stage I Referrals<br>received through<br>Home Stretch WA<br>Coordinator<br>Young Person can request  | Young person<br>makes Informed<br>choice to decline<br>Home Stretch WA  | Transition Coach<br>supports leaving<br>care planning and<br>related activities as<br>part of Working<br>Together<br>Young people on<br>the unattached list<br>must have a<br>nominated district<br>office case<br>manager as a liaison   | Young Person has<br>transitioned to<br>Home Stretch WA<br>- Transition Coach<br>is primary support<br>Liaison with District<br>Office staff as<br>needed   |
| Documents &<br>Touchpoints          | <ul> <li>Home Stretch<br/>WA Flyer for<br/>Young People</li> <li>Staying On<br/>Guide for<br/>Carers and<br/>Young People</li> <li>Home Stretch WA<br/>- Fact Sheet -<br/>Young People</li> <li>Smooth Transition<br/>- Information<br/>Session - Practice<br/>Guide</li> </ul> | <ul> <li>Home Stretch<br/>WA - Fact Sheet<br/>- Young People</li> <li>Referral Stage 1<br/>Form</li> <li>Referral &amp;<br/>Onboarding<br/>Flow Chart -<br/>Providers</li> <li>Referral Form<br/>Stage II</li> <li>Home Stretch<br/>WA Engagement<br/>Plan with Locator<br/>Contacts</li> </ul> | <ul> <li>Home Stretch WA -<br/>Fact Sheet - Young<br/>People</li> <li>Provider Release of<br/>Information Form</li> <li>Consent to<br/>Participate &amp; Collect<br/>Information Form</li> <li>Home Stretch WA -<br/>Explainer Video</li> <li>Consent to Obtain &amp;<br/>Store Records Form</li> </ul> | <ul> <li>Practice<br/>Principles - Flash<br/>Cards</li> <li>Protocols for<br/>Transition Coach<br/>&amp; Case Worker -<br/>Working<br/>Together</li> <li>Transition Coach<br/>- Stages -<br/>Practice Guide</li> <li>Leaving Care Plan</li> <li>Cultural Map</li> <li>Protocols for<br/>Transition Coach &amp;<br/>Case Worker -<br/>Working Together</li> <li>Onboarding<br/>Checklist</li> </ul> | <ul> <li>Next Step - Goal<br/>Plan</li> <li>Outcome Measure<br/>Tool</li> <li>Footprints Ecomap</li> <li>Invest In Me<br/>Application Form –<br/>Over 100</li> <li>Child History File</li> </ul> |

## **Smooth Transition Pathway**

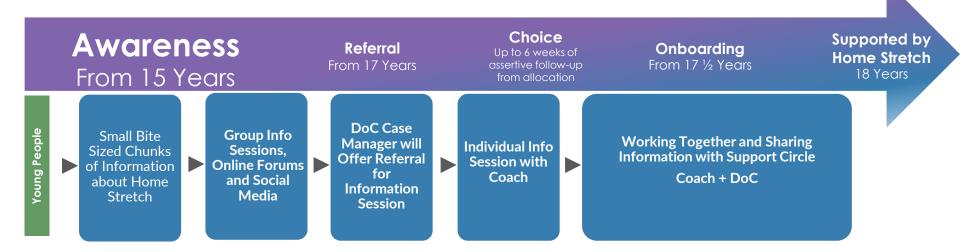
Home

Stretch

• •

WA

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## **Supporting A Smooth Transition**

The Smooth Transition Pathway has been co-designed and developed to ensure;

- A warm handover between child protection and Home Stretch
- Avoidance of any unnecessary administrative burden on a District Office
- There are no shocks or surprises about the service offer
- Carers are involved and consulted
- Information shared at referral is contemporary and relevant.
- An informed choice is made by the young person at a developmentally appropriate time

You can make an informed choice about the support you receive from Home Stretch WA. There are no shocks for you or the important people in your life.



Information about Home Stretch is provided in small chunks as part of leaving care planning

This will be part of the work of the Community of Practice

Young People are advised they will be given the option to be referred to a Home Stretch Provider.

Carers and other people in a young persons support circle are provided information about Home Stretch and Staying On Agreements as part of early planning.

#### Awareness From 15 Years

## The Role of a Home Stretch Provider

No direct engagement with young people at this stage

Build Trust and Relationships across the system

- Help Create Digital Content for Social Media with young people in your program
- Map out the Key People in the District Office
- Hot Desk/Co-locate in the District Office
- Build a strong relationship with a District Office Home Stretch Champion
- Build Relationships with other Foster Care organisations
- Provide Up to Date information and advice about Home Stretch Services across the system.

Break down "Us/Them" perceptions by always focusing on young people

#### Awareness From 15 Years

## The Role of a Coordinator

Build Trust and Relationships with District Office Leadership

- Visit each district office on a regular rotation
- Establish protocols for Transition Coaches hot desking
- Manage Expectations and Demand for Transition Coach time

Check in with District Champions around health of relationships between teams.

Liaise with other Home Stretch services and Leaving Care Providers

Respond to enquiries about referral criteria and process

**Touchpoints and Tools** 

Home Stretch Flyer for Young People

Staying On Guide for Carers and Young People

Home Stretch Explainer Video

Other Resources made by the Community of Practice

What is Home Stretch?





#### Awareness From 15 Years

Young People Should

Be aware that they have a right to choose Home Stretch in the future

Ask questions of carers and case managers about their future living arrangements after 18 years of age.

Hang out with friends, get up to general mischief and behave inappropriately

Not have to worry about 'leaving care'



## **Co-locating to Building Trust**

# Why would we want to co-locate in a District Office?

What would we need to be mindful of?

## Case Study 1

You are spending the afternoon in one of the meeting rooms in district office, completing some paperwork and catching up with one of the case managers to do some joint planning around working together with a young person.

Simon is a child protection worker who works for a care team in a metro district office, he comes up to you and tells you that he has a foster carer who needs the Staying On subsidy paid or they will kick out a young person.

He hands you a completed Staying On application form and says he will document that he has completed the referral and authorised the subsidy.

#### Awareness From 17 Years

## Working Together With A District

#### **Emerging Ideas**

Consider a 'By Name List' Approach to ensuring young people eligible and whether they have be offered to find out more about Home Stretch.

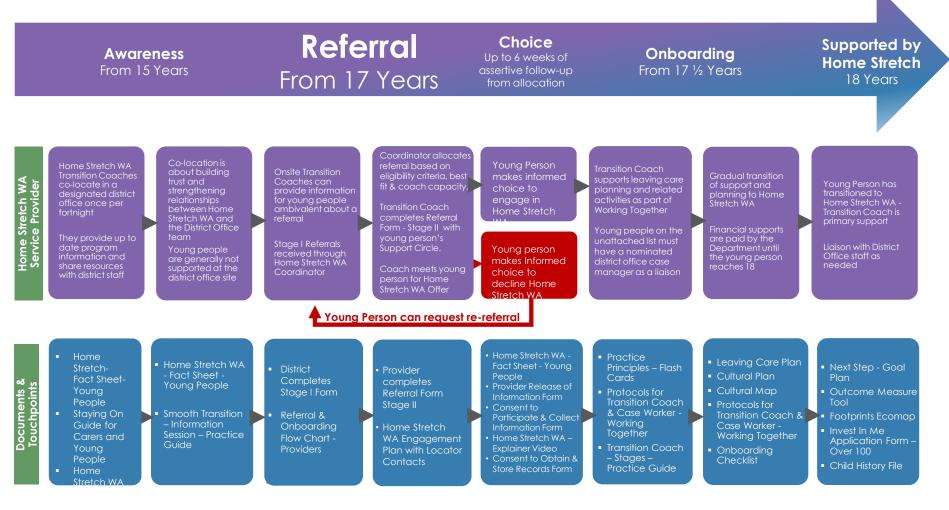
#### Targeted Group Info Sessions/Yarning Circle for Specific Cohorts

- Young People in Regional Areas
- Aboriginal Families
- Foster and Family Carers with CSO Agencies



## **Smooth Transition Pathway**

# Home Stretch



#### **Referral** From 17 Years

## **Supporting Warm Referrals**

Referrals occur in discrete stages

Stage I

- Connecting Eligible Young People with Home Stretch

#### Allocation

- Referrals are allocated by coordinator to balance case loads and meet needs of young people

#### Stage II

– Young People are Supported to Make an Informed Choice

#### **Referral** From 17 Years

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<u>Stage I – Referral Form</u>

Child Protection Leads/Home Stretch Supports

#### Stage I

When a young person reaches 17 or anytime after, their case manager [or another district office staff member] will offer them the choice to be referred to Home Stretch.

With the young persons consent, basic information is recorded on the Home Stretch Referral form and sent to the Home Stretch Coordinator

The Stage I Form is standardised across metro and located on the Department of Communities internal SharePoint Site



# <u>Stage I – Referral Form</u>

What would young people need to know before they would agree to meet with someone from Home Stretch?

What challenges do you see in the interim approach of requiring all referrals to be made by a District Office?

How might we overcome those challenges whilst maintaining integrity to the approach?

Completed by a Young Persons Case Manager or the District Home Stretch Champion

Young Person is aged between 17 and 21.

Young Person is provided the Home Stretch Flyer and Home Stretch Video Links

Minimum Verbal Consent before referral is accepted.

Weekly Allocation/Response to Referrer

#### Home Stretch WA - Metro Referral Form - Stage I

Young People living in the Perth Metro Area must give consent before this form is sent to a local Home Stretch WA service provider.

□ Salvation Army (Metro) □ Wanslea (Peel/Rockingham) TBC homestretch@wanslea.org.au 🗆 Yorganop (Aboriginal)

referrals.homestretch@yorganop.org.au

| REFERRAL   |   |   | Date            |            |
|--|---|---|-----------------|------------|
| Has the Young pers   | on agreed to this referral to Hon   | ne Stretch?   | □ Yes           | □ No       |
| Would the young p  | erson prefer an Aboriginal Servi  | ce Provider?  | □ Yes           | □ No       |
| Young person is cu   | rrently engaged with Leaving Co   | are Services?   | □ Yes - tick ag | gency 🗆 No |
| □ Salvation Army   | □ Wanslea □ Miss  | ion Australia   | 🗆 Other -       |            |
| YOUNG PERSON'S   | DETAILS   |   |                 |            |
| First Name   |   | Last Name   |                 |            |
| Preferred Name   |   | Identified<br>Gender  |                 |            |
| Country of Birth   | Australia     Other   | Date of Birth   |                 | Age        |
| Cultural Identity  | <ul><li>Aboriginal</li><li>Aboriginal or Other Language</li></ul>                   | □ Torres Strait Islan<br>Je Group - pls spec  |                 |            |
| Current Living <ul> <li>Family or Significant Other care</li> <li>Independent Living/House Share</li> <li>Residential Care</li> <li>Agency Foster Care</li> <li>Couch Surfing/Transient</li> </ul> <ul> <li>Biological parent/s or</li> <li>Unendorsed placement</li> <li>Couch Surfing/Transient</li> <li>Other</li> </ul> <ul> <li>Couch Surfing/Transient</li> <li>Departmental Foster Care</li> <li>Other</li> </ul> <ul> <li>Other</li> </ul> |   |   |                 | ent        |
| Any Children?  | □ Yes Are the o   | children in their car   | e? □Ye          | s 🗆 No     |
| Is the young persor<br>to 21 with a carer in   | n eligible to Stay On<br>n a placement?   | 🗆 Yes 🗆 No  |                 |            |
| If yes, who currently  | y supports the foster carer?  | Key Contact:  |                 |            |
|  | ort was identified in the most<br>ssment Tool? (NATS 1-5)                           |   |                 |            |
| Is the young persor  | n eligible or linked to the NDIS?   | □ Yes<br>□ Referral Considered<br>□ No  |                 |            |
| What is the current  | frequency of support needed?  | <ul> <li>Less than weekly</li> <li>Weekly on average</li> <li>Multiple appointments per week</li> </ul> |                 |            |
| need? (Refer to Tak  | ort might the young person<br>ble 1. Support Needs Rating<br>ncy of support needed) | □ Low<br>□ Moderate<br>□ High   |                 |            |

### Enough information to help a Home Stretch WA provider allocate to a coach.

Not so much information that a screening assessment is undertaken.

Designed to be quick and prevent bottlenecks at an administrative level.

#### Home Stretch WA - Metro Referral Form - Stage I

| CHILD PROTECTION | CHILD PROTECTION/KEY CONTACT DETAILS - Who can best support a smooth transition? |                |  |  |  |
|------------------|--|----------------|--|--|--|
| Key Contact      |  | Position Title |  |  |  |
| District Office  |  | Address        |  |  |  |
| Phone            |  | Email          |  |  |  |
| Team Leader      |  | Email          |  |  |  |

#### ANY OTHER RELEVANT INFORMATION TO ASSIST WITH TRANSITION COACH ALLOCATION

(preferred gender of coach, Aboriginal community of origin, details about carer, risk issues for staff, current living arrangement, location, urgent or critical issues & support needs)

| Would the young person and their support circle prefer an<br>Aboriginal Transition Coach to introduce them to Yorganop? | □ Yes | □ No |
|---|-------|------|
| Would the young person prefer a male or female transition<br>coach for cultural reasons?                                | □ Yes | □ No |

| Low   | Moderate   | High   |  |
|---|--|--|--|
| Experienced stability and<br>continuity in their living<br>arrangements                             | Experienced some instability,<br>movement and disruption in their<br>placements  | Experienced multiple placements,<br>and little continuity or stability in<br>placements                                    |  |
| Experienced consistent<br>relationships and a secure<br>attachment relationship with<br>a caregiver | Experienced inconsistent<br>relationships and attachments,<br>n likely to disengage from child<br>protection at times      | Significant disruption in<br>relationships throughout their live:<br>and a limited connection to<br>trusted adults         |  |
| Completed schooling, or<br>participating in ongoing<br>education, training or<br>employment         | Experienced barriers to<br>engagement and success in<br>education and training while in<br>care with few/no qualifications | Lived through significant adverse<br>childhood experiences, and<br>complex trauma before coming<br>into, or whilst in care |  |
| OFFICE USE ONLY   | Young person added to Intake Regist  | er   |  |
|   | please tick whether referral has been a  |  |  |
| Referral Accepted   | □ Discuss & allocate case to:  | <ul> <li>Allocation email sent to Coach</li> <li>&amp; Child Protection Worker</li> </ul>                                  |  |
| Referral Not Accepted   | Discuss case & exclusion<br>criteria with ADD/Team Leader  | Advised of reason for decision<br>in writing by email  |  |

### **Referral** From 17 Years



### **Prior to Allocation Meeting**

- Stage I Referrals are Screened for Eligibility by Coordinator
- Additional Information is only sought to complete gaps in the form, or if there are issues with eligibility [NDIS]
- Details Recorded into Intake Tracking Database by the Coordinator [or delegate] for discussion at next Allocation Meeting

\*Coordinator Supports and Monitors Transition Coaches workloads to keep a balanced case load [40% low needs 40% moderate needs 20% high needs]

### **Referral** From 17 Years

# Allocation Meeting - Weekly

- All new referrals are briefly presented and discussed for allocation
- Young People are allocated to most appropriate coach [consider support needs, gender, cultural identity, location relevant to coach]
- Young People with High Support Needs or Multiple Weekly Appointments are allocated a Secondary Coach
- Young People in Foster/Family Care Arrangements are also allocated to the Staying On Facilitator
- \*Coordinator Supports and Monitors Transition Coaches workloads to keep a balanced case load [40% low needs 40% moderate needs 20% high needs]

# Referral<br/>From 17 YearsRole of Staying On Facilitator

Young people eligible for a Staying On agreement will be allocated to both the Transition Coach and the Staying Facilitator.

The Staying On Facilitator will connect with carers supports and beging a parallel smooth transition process with carer supports, while the Transition Coach will focus on the young person.

The Staying On Facilitator must be involved in completing the Stage II with the carer or carers supports.

### **Referral** From 17 Years

# Stage II – Informed Choice

### Home Stretch Leads/Child Protection Supports

#### Stage II – 6 Week Follow Up

The allocated Transition Coach contacts the person nominated in the Stage I form and collects enough information to understand how best to connect with the young person.

This might be the young person directly.

Information is collected and recorded in the Stage II Form to guide engagement and planning the info session.

\*The Stage II Form does not need to be completed in its entirety, though provides a useful resource to plan for engagement and continuity in supports.

#### Additional information is collected by the coach from the young persons support circle.

The purpose of collecting this information is to understand how best to connect with a young person.

The Stage II Form will begin some early screening of risk and support needs.

It is not a screening assessment.

#### **Referral Stage II Form**



#### **Awareness and Informed Choice**

The Transition Coach collects information from the individual best placed to support a smooth transition. It supports the plan to engage and connect the young person with the Home Stretch WA Offer and allow them to make an informed choice about the service.

This section can be completed via phone call, in person or via email to relevant worker.

|  | ue   |  |                                     |
|--|--|--|-------------------------------------|
| YOUNG PERSON'S DETA  | ALS  |  | _                                   |
| First Name   |  | Last Name                                  |                                     |
| Preferred Name   |  |  |                                     |
| Cultural Identity  | □ Aboriginal □ Torres<br>□ Belong to another cultures              | s Strait Islander<br>Iral group - pls spec | cify:                               |
| Street Address,<br>Suburb & Postcode   |  |  |                                     |
| Are there any outreact   | n safety concerns?   | □ Yes - pls specit<br>□ No                 | fy:                                 |
| Phone 1  |  | Phone's owner                              |                                     |
| Phone 2  |  | Phone's owner                              |                                     |
| Alternative Contact (er  | mail/messenger)  |  |                                     |
| Information provided to<br>about Home Stretch W/   |  |  |                                     |
| HEALTH/DISABILITY  |  |  |                                     |
| Any medical issues or  | physical, cognitive, develop                                       | mental or mental h                         | ealth challenges?                   |
| Yes - pls detail below<br>Name of the condition  | / Do<br>/s, informal/formal diagnosis                              | :  |                                     |
| Is there an NDIS Plan?   |  | □ Yes                                      | 🗆 No                                |
| NDIS service or person   | supporting them?   | □ Yes - pls detail                         | below 🗆 No                          |
| Name of Person &/or A<br>Address:<br>Email:  | gency:   |  |                                     |
| EDUCATION/EMPLOYM  | ENT  |  |                                     |
| <ul> <li>Studying Full time</li> <li>Not in education</li> <li>Working casually</li> </ul> | Studying part-time     Working full time     Not currently employe | □ Working                                  | eting a short course<br>g part-time |
| Current education leve   | l completed?   |  |                                     |



### For young people eligible for Staying On

The Transition Coach and the Staying On facilitator work together to ensure the young persons family/carer is included.

| INCOME SOURCE  |                          |                  |  |
|--|--------------------------|------------------|--|
| <ul><li>☐ Youth Allowance</li><li>☐ Other:</li></ul>   | Parenting P              | ayment           | Employment     Amount per fortnight \$ |
| SAFETY   |                          |                  |  |
| Any safety issues throug                               | h the people they are    | associated wi    | ith? i.e. family, friends, partner     |
| □ Yes – pls provide deto<br>Details:                   | ails 🗆 No                |                  |  |
| CURRENT LIVING ARRAN                                   | GEMENT & CARER/S OR      | R SIGNIFICANT    | FAMILY MEMBER DETAILS                  |
| If the young person is liv<br>and supportive of the re |                          | nificant family  | member, are they aware of              |
| □ Yes  | 🗆 No                     |                  |  |
| Carer/Family Member                                    |                          | Relatio          | onship                                 |
| Email  |                          | Phone            | •                                      |
| FOSTER PLACEMENT DETA                                  | AILS (If applicable)     |                  |  |
| Address  |                          |                  |  |
| How long have they bee                                 | en living in the placem  | ent?             |  |
| How many people in the                                 | e living arrangement?    |                  |  |
| Are there other young p                                | eople or children in the | e placement?     | ?                                      |
| □ Yes – pls provide deto<br>How many, ages & relat     |                          | on:              |  |
| Are there any other sup                                | ports involved for the c | arer or signific | cant family member?                    |
| □ Yes – pls provide deto<br>Details:                   | ails 🗆 No                |                  |  |
| Does the young person                                  | have a WWCC?             | □ Yes            | □ No                                   |
| Are there any concerns                                 | with the young person    | Staying On in    | n this living arrangement?             |
| □ Yes – pls provide deto<br>Details:                   | ails 🗆 No                |                  |  |
| FOSTER CARE AGENCY D                                   | DETAILS                  |                  |  |
| Agency Name  |                          | Worker's N       | lame                                   |
| Address  |                          |                  |  |
| Email  |                          | Phone            |  |



For young people with a Public Trustee or Advocate:

It is important that they are included in the process and decision making.

Home Stretch WA has a range of financial supports and its important to understand the limits a young person might have on decision making around finances.

#### TRANSITION PLAN FOR CARER SUPPORTS

What would be the best way to introduce and transition support to the Home Stretch WA Staying On Facilitator? (i.e. best location to meet, times, dates, joint sessions, key people)

#### CURRENT SUPPORT NEEDS OR AREAS OF CONCERN

Are there any living arrangement issues or concerns which require additional support, or may affect the Staying On Agreement (i.e. conflict, siblings in care, AOD, NDIS support, health, financial)

| Agency                                      | Worker's Name           |                    | Phone        |               |           |
|---|-------------------------|--------------------|--------------|---------------|-----------|
|   |                         |                    |              |               |           |
|   |                         |                    |              |               |           |
|   |                         |                    |              |               |           |
|   | RELEVANT BA             | CKGROUND           |              |               |           |
| PUBLIC TRUSTEE / PUBLIC AD                  | VOCATE (If applicable   | ∋)                 |              |               |           |
| Young person is involved w                  | vith the 🛛 Public Trus  | tee 🗆              | ] Public Ac  | lvocate       |           |
| Worker's Name                               |                         | Phone              |              |               |           |
| Address                                     |                         | Email              |              |               |           |
| YOUNG PERSON'S CHILDRE                      | N/DEPENDENTS (If appl   | icable)            |              |               |           |
| Name  |                         | Age                | D            | Date of Birth |           |
|   |                         |                    |              |               |           |
|   |                         |                    |              |               |           |
|   |                         | _                  | _            |               |           |
| YOUNG PERSON'S LEAVING                      |                         |                    |              |               |           |
| Current leaving care plan                   |                         | Leaving care       | -            |               |           |
| Current cultural plan                       | Yes No NA               | □ Yes - Date:      |              | □ No          |           |
| Independent Youth Allowa                    | nce application         |                    |              | Compenso      | tion Clai |
|   |                         |                    | •            |               |           |
| Priority Housing Referral<br>District House | using Zone              |                    | ting □Ye     |               |           |
| ENGAGEMENT PLAN                             |                         | Thomy List         |              |               |           |
| What would be the best wa                   | ly to introduce the you | ing person/fam     | ily/carer to | o a Home St   | retch WA  |
| Transition Coach (i.e. best lo              | ocation to meet, times, | dates, joint sessi | ons, key pe  | eople)        |           |
|   |                         |                    |              |               |           |

Are there matters that require a quick response? (i.e. risk of homelessness, justice issues, up-coming deadlines for opportunities, current goals & engagement - employment, study, hobbies/interests)



The purpose of Stage II is to establish a culture of working together around the needs of the young person.

It should allow you to understand a young persons support circle, and how you can work with them.

If during Stage II you discover information that identifies a young person might be at immediate risk, or have significant challenges.

This should be taken back to the Coordinator and the Allocation Meeting

#### **OFFICE USE ONLY**

| Referral Form Stage II completed by Home Stretch WA Transition Coach or discussed with Ke | y |
|---|---|
| Worker  |   |

- $\hfill\square$  Engagement plan established & meeting booked to complete service offer & sign up
- Engagement plan established with relevant Placement Officer/CSO Foster Carer Agency, Staying On Facilitator to complete Staying On Agreement meeting (if applicable)

#### **KEY RESOURCES/DOCUMENTS**

- □ Home Stretch WA Flyer Fact Sheet Young People
- Staying On Guide for Carers and Young People
- Home Stretch WA Smooth Transition Explainer Video
- Home Stretch WA Protocols for Transition Coach and Case Worker- Working Together

#### OUTCOME FROM REFERRAL FORM STAGE II

#### YOUNG PERSON ACCEPTS HOME STRETCH WA OFFER

- 🗆 Referral Form Stage I & II reviewed and completed with young person as appropriate
- Young person signs Consent to Obtain and Store Records Form
- □ Young person signs Consent to Participate & Collect Information Form
- □ Young person signs Provider Release of Information Form

Email sent to Child Protection worker, Team Leader, Placement Officer/CSO Foster Care

- Agency, Home Stretch WA Coordinator to advise of sign up
- Email sent to relevant Leaving Care Provider (if applicable) to advise of sign up
- Meeting booked to establish Onboarding & Working Together Protocols
- Meeting booked for Staying On Agreement (if applicable)

#### YOUNG PERSON DOES NOT ACCEPT HOME STRETCH WA OFFER

□ Email sent to Child Protection Worker, Placement Officer/CSO Foster Care Agency, and Home Stretch WA Coordinator to advise of outcome



## **Stage II – Informed Choice**

The co-design of Smooth Transition defined a 6 week time frame from allocation to onboarding. This can be extended based on special circumstances.

Why do you think a 6-week time frame was decided?

What challenges are there to engaging young people within a 6 week period.

# Break Time

Home Stretch WA



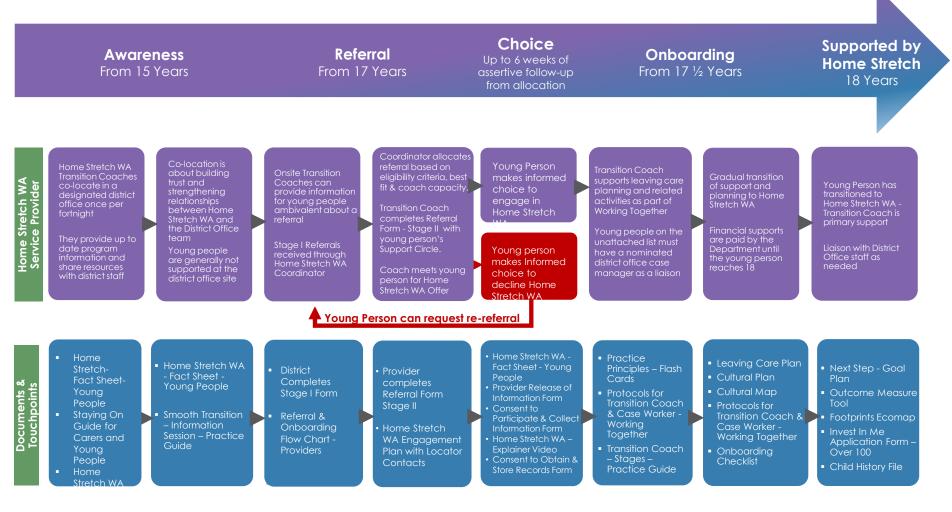
### **Activity:**

### **Strengths of Aboriginal Families**



# **Smooth Transition Pathway**





### Choice From 17 Years Planning an Info Session

Stage II will help you understand;

- Where and when should you meet?
- What does this young person need to know?
- What are the most important parts of the offer?
- How should it be explained?
- Who needs to be there and will help the young person make the choice?

# Information Session or Yarning Circle

- Flexible and Individualised

Choice

From 17 Years

- Keep it Short, Sharp and Simple
- Practical examples" What Home Stretch can offer you"
- Engage and Involve Support Circle from the start
- Young Person Makes the Choice When they are ready
- Personalised Videos for hard to engage

# Information Session Activity

Working in small groups and using the Home Stretch Info Session Guidelines, the Explainer Video as a reference and the Home Stretch Flyer as a tool.

Develop and Rehearse your own Home Stretch Pitch.

Keep it simple, sharp and direct.



# What pressures might be placed on young people to agree to Home Stretch?

How can you ensure that their decision is an informed choice?

### Choice From 17 Years

What if they say No?

Young people can decline the Home Stretch WA service offer.

They should be provided with information about how to reconnect either directly or through a district office in the future.

If they haven't responded within the 6 week period, then the referral is typically closed and everyone is informed of the pathway to reconnect.



# Case Study 2

Marie is 17 <sup>1</sup>/<sub>2</sub> and lives with her Aunt Rebecca, in a positive and stable long term foster placement. Marie calls Rebecca mum and has always felt that uncomfortable with being part of the child protection system and being forced to see a case manager when she felt her life was pretty stable.

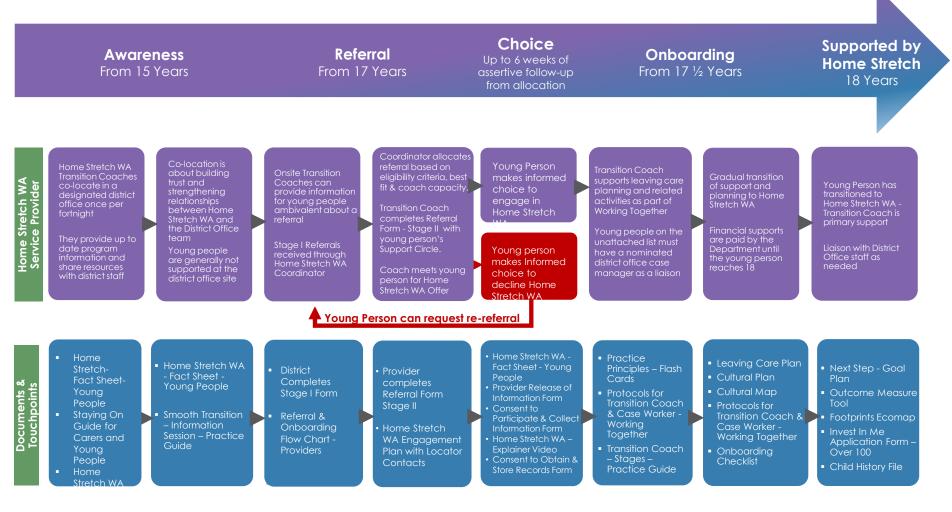
Rebecca is looking forward to the care system no longer being involved, but is worried about her finances with the subsidy ending at 18.

How would you approach an info session with Marie?



# **Smooth Transition Pathway**





### **Informed Consent**

# Young people aren't active with Home Stretch until they have signed the consent forms.

## Home Stretch WA

Government of Western Austral

**Consent to Participate and Collect Information Form** 

#### Introduction

Home Stretch WA aims to help young people leaving out-of-home care at 18 to transition to independent living by providing extended support and resources until the age of 21.

The Department of Communities is partnering with community service organisations and Aboriginal Community Controlled Organisations (Home Stretch WA providers) to deliver the Home Stretch WA program across the State.

Participating in the Home Stretch WA program is voluntary. If you want to, you can talk to your case manager about the program and get help understanding information in this form.

#### **Home Stretch WA**

Provider Release of Information Form

#### Introduction

This form gives the Home Stretch WA Provider permission to gain and share information about you with others in your support circles.

The Home Stretch WA Provider cannot share your information with other people or organisations without your permission.

By signing this form, you give permission for your Home Stretch WA Transition Coach to obtain and exchange information with the following people and services.

#### Agencies and Services

| Agency                   | Contact<br>Name | Contact Details | Any Relevant Details |
|--------------------------|-----------------|-----------------|----------------------|
| Department of Communitie | es              |                 |                      |
| Department of Housing    |                 |                 |                      |
| Centrelink               |                 |                 |                      |
| NDIS                     |                 |                 |                      |
| Leaving Care Provider    |                 |                 |                      |
| GP                       |                 |                 |                      |
|                          |                 |                 |                      |
|                          |                 |                 |                      |
|                          |                 |                 |                      |
|                          |                 |                 |                      |
|                          |                 |                 |                      |
|                          |                 |                 |                      |

# Working Together Under 18

From 17 <sup>1</sup>/<sub>2</sub> the Transition Coach works together with the young persons case manager to warmly transfer support across to the Home Stretch provider by the young person's 18<sup>th</sup> birthday.

The young person is still in statutory care, but the principles and practices of Home Stretch begin to inform the support provided.

The Transition Coach supports leaving care planning activities with a view to take over primary support after 18.

Continuity in Housing, Education and Support are a primary focus.

# **Working Together Under 18**

What works well in working together?

How can you make the most of the opportunity to collaborate to benefit the young person.

#### \$mooth Transition Protocols for Transition Coach & Case Worker Working Together Protocols



#### Who is the guide for?

The guide is to support both a Transition Coach and a Child Protection Worker to understand how best to approach working together. It can also be used to help explain to a young person and their support circles how things work during the working together period from 17 ½ and 18 years of age.

Working together occurs once a young person has made an informed choice to be part of Home Stretch WA and completed the Consent to Participate form with the Transition Coach they are going to be working with.

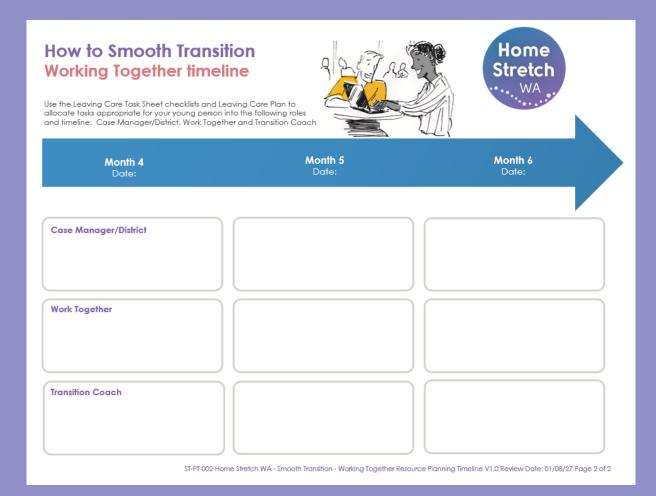
The guide is a work in progress and is updated by the Home Stretch WA CoP District Office Working Group. If you have ideas or suggestions please contact <u>Andrew Kazim@anglicarewa.org.au</u> or <u>Colleen.Host@communities.wa.gov.au</u> or speak to the Home Stretch WA Champion in your district office.

#### How might a Home Stretch WA Transition Coach and a Child Protection Worker support a young person to smoothly transition into the Home Stretch WA service?

A smooth transition happens when the Home Stretch WA Transition Coach and the Child Protection Worker have a clear understanding of how to work effectively together, maintain open and transparent communication, and have trust in each other as they work towards the goals of the young person.

Ideally this handover happens gradually and over an agreed time period, with attention to the psychological safety needs of the young person as they build trust

# Working Together Under 18





## **Consent to Obtain Records**

This form helps you work with a young person and a district office to make sure that the young person has access to the records and information they need.

### Not all of these things will be available.

Not of all of these documents need to be stored by you.

| Home Stretch WA                  |
|----------------------------------|
| Consent to Obtain and Store Reco |

In supporting your transition from being in care to living independently, it can be helpful for your Home Stretch WA provider to access records on your behalf. This form gives permission for your Transition coach to find out what records the Department is holding, access copies of those records, and store a copy on file as needed.

| Records  | Young<br>Person Holds<br>Copy | Department<br>Holds Copy | Home Stretch<br>Requests<br>Copy |
|--|-------------------------------|--------------------------|----------------------------------|
| Leaving Care Plan or Care Plan                                     | Yes 🗆 No 🗆                    | Yes 🗆 No 🗆               | Yes 🗆 No 🗆                       |
| Cultural Plan  | Yes 🗆 No 🗆                    | Yes 🗆 No 🗆               | Yes 🗆 No 🗆                       |
| Who's My Mob/Genogram  | Yes 🗆 No 🗆                    | Yes 🗆 No 🗆               | Yes 🗆 No 🗆                       |
| Centrelink- Letter to confirm Child in Care                        | Yes 🗆 No 🗆                    | Yes No 🗆                 | Yes No 🗆                         |
| Criminal Injuries Compensation<br>Claim - Documentation            | Yes 🗆 No 🗆                    | Yes 🗆 No 🗆               | Yes 🗆 No 🗆                       |
| NDIS Documentation - Support Plan<br>& Details                     | Yes 🗆 No 🗆                    | Yes 🗆 No 🗆               | Yes 🗆 No 🗆                       |
| Department of Housing Application                                  | Yes 🗆 No 🗆                    | Yes 🗆 No 🗆               | Yes 🗆 No 🗆                       |
| Health/Ambulance Insurance   | Yes 🗆 No 🗆                    | Yes 🗆 No 🗆               | Yes 🗆 No 🗆                       |
| Health Records & Providers ( <u>e.g.</u><br>Dental, Mental Health) | Yes 🗆 No 🗆                    | Yes 🗆 No 🗆               | Yes 🗆 No 🗆                       |
| Education History  | Yes 🗆 No 🗆                    | Yes 🗆 No 🗆               | Yes 🗆 No 🗆                       |
|  | Yes 🗆 No 🗆                    | Yes 🗆 No 🗆               | Yes 🗆 No 🗆                       |
|  | Yes No D                      | Yes No D                 | Yes No 🗆                         |

### Onboarding After 17 1/2

## **Working Together**

# There are a range of tools and forms in Smooth Transition to support you to work with young peopel

#### Smooth Transition Protocols for Transition Coach & Case Worker Working Together Protocols



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Home

Stretch

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Ideally this handower happens gradually and over an agreed time period, with attention to the psychological safety needs of the young person as they build thust with a new support person in the file. This period allows the young person Time to experience a positive end to their relationship with Child Protection Workers who may have played a significant role in their life over many years.

Young people who are referred at the age of 17 [Stage one referral via the District] begin working with a Transition Coach at 17 % while they are still in statutory care and under the guardianship of the Department of Communities and a Child Protechion Worker.

For young people who retent to a distict affice and Oph-In to Kerne Stretch WA affer II.8. the trainition people may be much hoter and the exposity of the Child Protection Waker to work calaboratively with a transition Coach may be significantly. In a completely, restricted to the referent process. District, that have employed a fast Care Support Care would have greater capacity to support these transitions.

| Vorking Together time<br>the Leaving Care Task Sheet checklists and Li<br>locate tasks appropriate for your young person<br>at timeline: Case Manager/District, Work Toget | saving Care Flan to | Stretch<br>WA    |
|--|---------------------|------------------|
| Month 1<br>Date:   | Month 2<br>Date:    | Month 3<br>Date: |
| Case Manager/District  |                     |                  |
| Work Together  |                     |                  |
| Transition Coach   |                     |                  |



#### Onboarding, Working Together & Transition Coaching

The young person has consented to working with Home Stretch WA.

This section is about building that and providing a smooth handover of support, identifying working together plant, roles and responsibilities and what is important to the young person. This can include providing information on support available through the Home Stretch Offer.

Below is a checklist of useful documents and guides for Transition Coaching and some prompting questions for discussion.

- Smooth Transition Protocols for Transition Coach and Case Worker- Working Together
  Smooth Transition Working Together Resource Planning Guidelines
- Home Stretch WA Practice Guide- Transition Coaching- Stages

#### WAYS OF WORKING TOGETHER

[Suggestions of best meeting location, times, dates, joint sessions, key people- how often will we meet? What happens if we don't hear from each other? How will we communicate [Phone, email, text, messenger]

| PRESSING IS  | SUES OR GOALS          |                   |  |
|--------------|------------------------|-------------------|--|
| Are there ar | y matters that require | a quick response? |  |
|              |                        |                   |  |
|              |                        |                   |  |
|              |                        |                   |  |
|              |                        |                   |  |
|              |                        |                   |  |

# Working Together Over 18

Young people who have already left care may not have anyone who knows them at the District Office

There are very limited dedicated resources available to Districts to support young people after 18.

Good relationships with Districts will help you collect the information and knowledge you need to pick up on things that need to be continued or finished.

The District Champion Might Help.

# Working Together Over 18

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Good relationships with Districts will help you collect the information and knowledge you need to pick up on things that need to be continued or finished. Home Stretch Practice Principles

Your Relationships are important. The important people in your life can be part of your Home Stretch WA experience and we can support you to build new connections



Young People are at the Centre

## Home Stretch WA Model



Young people are at center of support. Everyone is treated as an individual

Support or connection is offered in all areas of life

Support is delivered in specific ways [Practice Approaches] that work for young people

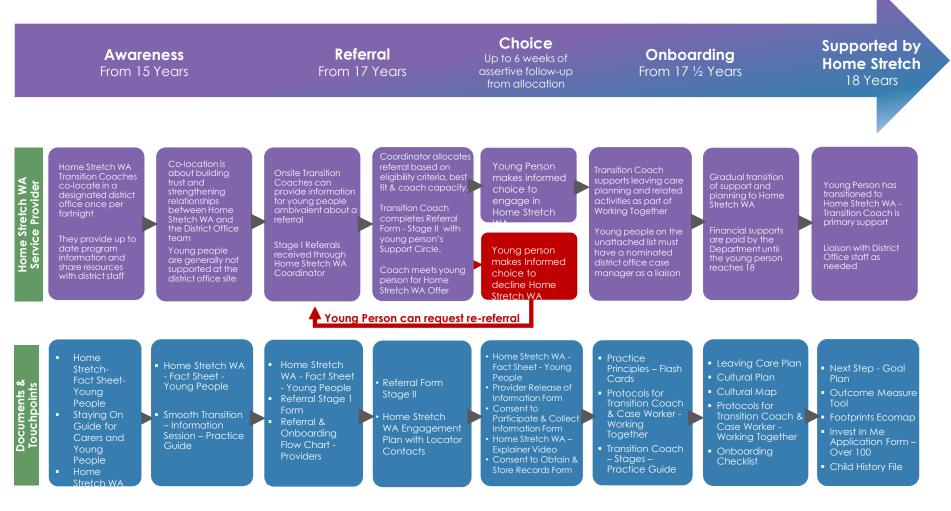
Home Stretch WA focuses on 3 key elements of support

Home Stretch WA greater purpose is to connect young people with their community and culture.



# **Smooth Transition Pathway**





# Access to Resources



# How to Contact Us

homestretch@anglicarewa.org.au

Andy Vanessa Renae Jess 0413 207 096 0447 784 128 0479 067 474 0486 041 786 Home

Stretch

### Contact Us:

#### Email: homestretchwa@communities.wa.gov.au

Home Stretch WA FAQ Sheet: https://www.wa.gov.au/organisation/department-of-communities/home-stretch-wa-roll-out

You can also ask us for a copy of the presentation! We can email it to you.





@homestretchwa



Home Stretch WA

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