

Nitja Nop Yorga Ngulla Mia – System Design Principles

These are the principles that have been developed through our co-design journey with Aboriginal Young People, their families and community.

Insights from interviews and co-design activities were themed by Aboriginal practice experts from Yorganop, young people with lived experience and the Home Stretch WA Team. These insights were collated into Design Principles that strengthened the Home Stretch WA model and provide guidance for the system scaling of Home Stretch WA to ensure it meets the needs of Aboriginal families and young people.

**The young person
is the focus
of the coaching
relationship.**

**Home Stretch WA must have
the capacity to support young
people to heal and connect
when they are ready.**

**[repair loss & reduce inter-
generational trauma]**

**Young Aboriginal people
and families must have the
choice to receive Home
Stretch WA support through
an Aboriginal Community
Controlled Organisation.**

Aboriginal organisations need to lead and deliver the Home Stretch WA service. They are the experts, and we must work alongside them to deliver a culturally safe service.

**Home Stretch WA should support
young people to know and/or
connect with their family when
they are ready and want to.
[This is an important connection
to culture - know your mob
to know your place/culture]**

**Organisations who deliver
Home Stretch WA must use a
trauma-informed approach,
that addresses the impact
of racism and unconscious
bias in practice.**

**Home Stretch WA
recognises that
Aboriginal and CALD
young people need to
navigate between
two worlds.**

**Home Stretch WA must have
the capacity to support
young people to continue
to build cultural
knowledge and learning.**

**The Home Stretch WA offer
must be a choice, flexible
and individualised to
meet young people where
they are at.**

**The Home Stretch WA offer
should respect and
strengthen existing
relationships between
young people and their
carer and community.**

**Home Stretch WA must
respect and support young
people's roles within family
and community.
They are equally helpers as
requiring help.**